



# Early Music Workshop

Saturday, March 7, 2020

Miami Chapter of American Recorder Society

Friends Meeting House, 1185 Sunset Drive, Coral Gables, FL

**Valerie Horst, Guest Director**

## “From the Ridiculous to the Serious, and Back Again”

- In a smorgasbord from different periods of music for recorders, we will play Senfl’s meditation on the brevity of life, Lassus’ very “spirited” defense of wine, a contemporary setting of a haunting Sephardic lament, the Water Music by Telemann (yes, Telemann!), and Compere’s song about the outrageous monks of Saint Baboon. One session will include the music of Josquin entitled “From Regrets to Crickets.”
- We will also take time to practice some strategies for approaching difficult technical passages, e.g. where a piece was going along fine until suddenly there is a thicket of leaps and G#s 😊. These strategies, based on neuroscience, are brilliantly laid out by Gwyn Roberts in her recent [American Recorder](#) article (Fall 2019).

Our director, **Valerie Horst**, is Director Emerita of the Amherst Early Music Festival, a former vice president of the American Recorder Society, and former President of Early Music America. Holder of an MFA in Historical Performance from Sarah Lawrence College, she also was a long-time member of the faculty of Mannes College of Music.

Join us for an enjoyable day of music and instruction. Recorders, other early instruments, and singers are welcome. Bring your instruments, music stand, and lunch (drinks provided), and join your early music friends for the day. [Lunch can also be purchased at nearby eateries.]

### SCHEDULE

- 8:30 – 9:00 am Refreshments and Set-up (Bring music stand, ready for 9:00AM start.)
- 9:00 – 11:45 am Morning Session w/ coffee break
- 12:00 – 1:00 pm Picnic Lunch at picnic tables nearby
- 1:15 – 4:15 pm Afternoon Session w/ refreshment break

**HOW TO ENROLL**—The recorder workshop fee is \$60. The fee for part-time participants, AM or PM, is \$35. Full-time student fees: \$35 all-day, \$25 half-day.

Register at the January or February 2020 meeting (local members) or contact Ned Mast ([nedmast2@aol.com](mailto:nedmast2@aol.com), 305-666-3276). He will answer questions regarding the workshop and hospitality. Alternate contacts: Gisela Haynes ([giselahaynes@bellsouth.net](mailto:giselahaynes@bellsouth.net), 305-962-0691), or Phyllis Hoar ([hoarp@yahoo.com](mailto:hoarp@yahoo.com), 305-283-0591). If you are new to our chapter, tell us a little about your playing.

**DIRECTIONS:** From US-1 in Coral Gables, take Red Rd (SW 57th Ave.) south to Sunset Drive. Go east (left) on Sunset to Trionfo. Turn left (north) at Trionfo and immediately right into the parking lot of the **Friends Meeting House**. Note: The Meeting House, 1185 Sunset Drive, is across the street from Sunset Elementary School.